



Mela

স্বাগতম, Swagôtôm, Welcome! Our authentic Bengali dishes are cooked from scratch with local ingredients. No soy, MSG, Peanut or Peanut oil, or artificial colors! Main entrees are gluten free.

Appetizers for Bulk Order

Pakora (Piyaju) Vegan (GF) \$35 for 30

Deep fried ground yellow peas with mild Tamarind *Vegan* or spicy mint sauce

By the pound Entrees

Pound of each main entrée. All main entrees are Gluten Free.

- 1. Chicken Curry** (GF) (DF) (NF) \$22
House blend of specialty curry sauce and chicken
- 2. Butter Chicken** (GF) \$22
Grilled chicken in mild buttery sauce, *contains cashews*
- 3. Chicken Tikka Masala** (GF) \$22
Grilled chicken, bell peppers, red onions in creamy sauce, *contains cashews*
- 4. Paneer Tikka Masala** (GF) \$22
Grilled Paneer, bell peppers, red onions in buttery sauce, *contains cashews*
- 5. Mattor Paneer Masala Vegetarian** (GF) \$22
Paneer and sweet peas in creamy sauce, *contains cashews*
- 6. Palak Dish Vegetarian** (GF) (NF) \$22
Paneer in creamy spinach in sauce
- 7. Garbanzo Curry Vegan** (GF) (NF) \$19
Curry with garbanzo beans in spices, onions, and tomatoes
- 8. Mixed Vegetable Curry Vegan** (GF) (NF) \$19
Curry with cauliflower, green beans, potatoes, and spices
- 9. Chicken Biryani (rice option)** (GF) \$21
Mild, flavorful chicken marinated in aromatic spices, *contains cashews*
- 10. Lamb Curry** (GF) (NF) (DF) \$32
Diced lamb in moderately spiced handmade specialty sauce
- 11. Salmon Curry** (GF) (DF) \$30
6oz Atlantic Salmon in uniquely spiced mustard sauce, *contains cashews*
- 12. Fish Dopeyaja** (GF) (NF) (DF) \$24
Swai fillet in special housemade gravy
- 13. Tehari** choose **Beef** \$23 or **Lamb** \$25 (GF) (NF) (DF)
Smoky rice dish prepared in mustard oil and specialty sauce

Allergy info: (GF) Gluten free (DF) Dairy free (NF) Nut free
Cashew is potential allergen